



Rhema International School

Beersheba Complex, Mission Road, Pathankot, Punjab
Affiliated to CBSE, New Delhi



Rise & Shine

Volume-I

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RHEMA INTERNATIONAL SCHOOL

Events and Celebrations

Commencement of the new session 2025-26

A program to mark the starting of the new session was conducted on 3rd April 2025. It began with the prayer song and prayer. A cultural item of laavni dance was programmed by students. A skit on discipline and moral value was displayed by students. Welcome of new teachers and new students, and speech was given by Principal Sir.



Kho-Kho Competition

Inter house kho-kho competition of girls was held in the school on 9th April 2025. The game is known for its emphasis on speed, agility and strategic thinking.

1st –position was bagged by Green house (participants) Nistha 6th (A) , Ananya 6th (C), Diya 8th (C), Shanaya8(A) Ravneet 8th (b), Anamika 6th (B), Janvi 6th (A), Anjali 6th (B) and Nikunj 8th (A).

2nd Position was bagged by Yellow House (participants)Prisha 6th (A), Ditya 6th (A), Diksha 8th (B), Diya 7th (B), vedanshi 6th (B), Goutami 6th (C), Mahwish 8th (B), Siddhi 7th (C), Mannat 8th(A) and Ashwi 8 (A).

3rd position was bagged by blue house (Participants) Mitakshi 7th B, Dsihita 6th (C), Rehana 6th (C), Isharat 8th (B), Samriddhi 8th (C) , Pranavi 8th (B), Jasmine 8th (B), Pratiksha 6th (A), Nistha 6th (B) and Vidhi.6(a).



Election of Head Boy and Head Girl

The role of house captains are ones of privilege , pride and responsibility. They are more than just a tittle and badge and require dedication and commitment for an entire year. Our school organised a campaign where votes were cast by class 8th and 9th class students to elect the Head boy and Head girl along with Vice Head boy and Vice Head girl on 16th April 2025.

Volley ball Competition

The game requires quick reflexes and a precise hand eye coordination along with overall flexibility. Inter house Volley ball competition for boys was held in school campus on 19th April 2025.

1st position was bagged by Yellow House it's participants were -Pranav (7B) Naksh (7B), Jigar (7D), Sanchit (8D) and Sehaj(8B).

2nd position was bagged by Red House it's participants were -Abhilaksh (6C), Kartik (6C),Raghav (6C),Ayush (8B),Samaksh (8C) and koshal(8C)

3rd position was bagged by Green house it's participants were -Tanish (6C), Harshit (6C), Daksh (8C), Sahajdeep (8C) and Raghav (8B)



Investiture Ceremony

Investiture ceremony was held on 22nd April 2025 to appoint different office bearers as well as new head boy and head girl. A formal event where newly appointed students were officially given their role and responsibilities within school. The office bearers were made to take oath for faithful and sincere fulfillment of their duty and responsibility.

Chetna Bala(9th A) was appointed as Head girl and Bhargav Attri (9th D) as a Head boy

Aditya Joshi(8th B)and Suhani(8th B) were crowned as Vice Head boy and Vice head Girl

Blue House captains are Saksham (9th D) and Anamika (9th C) and Vice -Captains are Ishaan(8th B) and Kayna (8th C)

Red House captains are Sukhaman (9th A) and Aradhya (9th A) and Vice -Captains are Aarav (8th B) and Vanshika (9th A) .

Yellow House captains are Vansh(9th B) and Kavya (9th D) and Vice Captains Manya Gulati(8th C) and Sahaj (8th B).

Green House captains are Reyansh (9th C) and Medha (8th C)and vice captains are Raghav (8th B) and Manya (8th A).

Sports captains for the session are Ishant (9th A) and Kritika (9th B)



Seminar On Valuable Education For Teachers

Seminars play a crucial role in the professional development of teachers to learn new skills, stay updated and improve teaching practices. On 24 April 2025, a seminar was conducted for teachers on Valuable Education by Mrs. Sara Oommen, Chief of Nursing services at ST. Johns medical college, Bangalore.



PROCESSION ON ANTI-DRUG AWARENESS

"YUDH NASHEYA VIRUDH"

The Public administration organised a movement for all schools to take part in the rally, where our students participated from classes 7th and 8th. The motive of conducting the rally was to make the young generation aware about the harmful consequences of consuming drugs. All the participants gathered in Avalon Girls Sr. Sec. School, Pathankot at 6:30 a.m in the morning and the rally ended by 12:30 p.m. after going through various locations of the city.



Kindergarten Activity

Kindergarten activities are organized to foster social, emotional and cognitive growth of the children . On 24th April 2025, White and Red colour day was celebrated by kinder garden students. The students were asked to bring white and red colour articles and also dressed up in the same theme. The students enjoyed the activities of the day.



Basketball Competition

Inter house Basketball competition of boys for classes VI to VIII was conducted on 24th April 2025. The game promotes physical fitness, enhances coordination and motor skills. 1st Position was bagged by Green House, its participant were-Aarav – 8th C, Krish – 8th A, Gururaman – 8th C, Jaskaran – 8th B, Vedant – 6th C, Chaitanya – 6th C, Laksh – 6th A, Armaan – 8th C and Sehajdeep – 8th C. 2nd position was bagged by Blue house its participant were -Makrant 8th (B), Yuvraj 8th(A), Parthiv 8th(B), Aarush 7TH(A), Vivek 7Th (C), Manpreet 7th(A), Pranav 8(B), Laven 8th(B) and Aarav 7th(B). 3RD position was bagged by Yellow House its participants were, Divyam 8th C, Anmol 6th C, Saksham 6th D, kuwar 7th C, Vinayak 7th A, Chetan 7th B, Tejas 7th C, Aarav 6th B and Heaven 6th B.



Inter house basketball competition for boys of 4th & 5th classes was held on 5th May 2025. 1st position was bagged by Green house it's participants were Chinmay (4A), Nirvaan (4A), Kavish Arora (4A), Abhishek (5B), Raghav (5B) and Rishav (5B). 2nd position was bagged by yellow House it's participants were Jacob (5C), Divyansh(4A), Ashish(4B), Luv(4B), Swastik (5C.) and Divyanshu (4B) 3rd position was bagged by Blue house it's participants were Gurshan (4A), Rudra (4A), Issac(4A), Amrose (5B), Yuvaraj (5C), Kapil(5C) and Rishav(4A).



Basketball competition of girls for classes VI to VIII was held in school campus on 28th April, 2025. 1st position was bagged by Red House, its participants were-. Manyeta (8th A), Shivika (7th D), Mahima (8th A), Joyna (8th A), Kavya (7th D) and sristy(7th D) 2nd position was bagged by Yellow House, its participants were-Manyya (7th C), Mehak (8th B), Muskan (8th B), Keziah (8th A), Aradhya (7th A) and Ishmeet (8th c) 3rd position was bagged by Blue House its participants were - Shavi (8th B), Kavya Bhandari (7th A), Irene (7th A) Rayanshika (7th C), Adhya (7th B) and Navya (6th C).



Basketball competition girls for classes IV to V was held in school campus on 21th May 2025. 1st position was bagged by Blue House, its participants were -vidhika – 5th A, Mansi – 5th C, Ruhi – 5th C, Fiza – 4th B and Navya – 5th C 2nd position was bagged by Yellow House its participants were-.Mananya – 4th A,. Avantika – 4th A, Janvi – 5th C, Shivangi – 5th C, Manvi – 4th B and Greson – 5th C 3rd position was bagged by Green House its participants were-, Tanishka – 4th A, Ritika – 5th C, Pragati – 4th B, Mannat – 4thB and Deepanshi – 5th C.



Summer Vacation

Summers Vacation offer a refreshing break from the daily school routine allowing children to relax and recharge and to have physical and mental well being . During summer vacation, our school organized a camp for basketball and handball games. It started in morning at 5:00am followed by warm up exercises and practices of the games till 7:00 a.m.



World Yoga Day

Yoga plays a vital role in our life. Yoga strengthens our mind and body both physically and emotionally. Yoga day was scheduled on 21st June 2025, in which yoga sangam was a landmark initiative showing mass yoga demonstration at 100000 locations across India under the theme ONE EARTH ONE HEALTH 2025. On this day our school staff and students participated at lamini stadium and did pranayam, Tadasana, Kapalbharti etc.



PARENTS TEACHERS MEETING

P.T.M plays a vital role in child's education. It provides an opportunity for teachers and parents to work together for the student's overall development. The First P.T.M for the session was associated on 26th april for all the classes (nursery -12) to discuss about students academic progress , classroom behavior and social skills. 2nd P.T.M for the session was conducted on 31st may to review the results of periodic test 1.

LANGUAGE CLUB ACTIVITIES

Language clubs provide a valuable compliment to enhance formal language education offering a dynamic and engaging environment for students to communicate effectively, to improve their language skills, build confidence and develop important personal and social skills. On 25th April, An Activity was conducted by English Language Club for classes 1-8.where all students participated in english language activities like reframing the words, root words word pyramids, Guess the idiom etc.



On 8th May 2025 English language club organised a story telling competition. Story telling boosts creativity, imagination, and communication skills. They help students express ideas confidently, improve language skills, and build self-confidence while making learning enjoyable.



Spelling competitions offer significant benefits beyond just improving spelling skills. They enhance vocabulary, foster cognitive abilities like memory and concentration, and boost confidence and public speaking skills. They also promote a love for learning, encourage perseverance, and help students develop critical thinking and problem-solving skills. On 23rd May Spelling competition was held for classes 1st to 5th and participants were appreciated through certificates by our Principal.



SPEAK ABOUT YOURSELF

Introducing oneself and speaking about oneself is important for building confidence, making connections, and effectively communicating in various situations, including interviews and networking. It allows for a positive first impression, showcases one's strengths and qualifications, and helps others understand you better. On 27th April a competition on 'Speak about yourself' was held for classes 1-5. The students participated deliberately and were appreciated through certificates.



HEALTH CLUB ACTIVITIES

World asthma day was celebrated by health club to bring attention to the prevalence and impact of asthma a chronic respiratory disease and ways to prevent this disease was talked about.



A poster making competition was held on 6th May 2025 based on moral values . The students made colourful charts in classes and showed great interest in listening to how to control emotions, how to handle stress and hatred in one's life.



Case Study on Social Media

A case study is an in-depth analysis of a real-world situation, event or individual, used to understand complex issues and apply theoretical knowledge to practical scenarios. It encourages critical thinking, problem solving and the ability to connect theory with practices. A case study on social media was held on 26thMay and 27th may for classes 6th -8th to make them aware about the excess use of media in one's life.



MATHS CLUB ACTIVITIES

Maths club activity provides students a platform to tackle challenging problems, reduce maths anxieties and make it enjoyable through games and puzzles. It was organized on 22nd May 2025 in which students of various classes performed interesting activities like Chart making, problem solving, playing tricky games, displaying of calculation and models etc.



ECO-CLUB ACTIVITY

Every year 22nd April is celebrated as world Earth Day, the purpose of Earth Day is to inform the students to protect the earth and be aware of the environment. Our students planted trees in school campus highlighting the importance of environment.



On 7th May 2025 our eco club organised interesting activities for classes 4th and 5th to develop interest and love for nature among junior students. These activities not only helped them in learning but also creativity was enhanced. The students were curious to know about life cycle of plants. Students were asked to water a little sapling at home and watch it grow weekly by love and extra care. Our young generations showed interest and care for our environment too.

Our students were taught about types of joints in human body.



A balanced diet activity was conducted for 4th class students to make them understand about healthy food. Students were made aware about the difference between healthy and unhealthy food. Healthy food includes fruits, green vegetables, nuts and grains, Whereas unhealthy foods are packed foods, junk foods. The students made charts on the theme and showed interest in listening.

Results of CBSE Board Classes 10th and 12th



CBSE Results were out on 13/5/25. Our students gave 100% results in board classes for the year 2024-25. It's a proud moment for students, teachers, and parents in recognizing hard work, dedication, and the power of education.



Handball Competition

On 19th May, Handball (girls) classes (4-5) was held in school campus. 1st Position was bagged by Yellow house, its participants were Stuti Nahar 5(C), Pihu Soni 5(B), Drishti 5(A), Rishika 5(A), Khushbu 4(A), Anushika 5(B), Manvi 5(B), Ashvi 5(A) and Ruhani Verma 4(A). 2nd Position was bagged by Blue House, its participants were Aradhya 5(B), Chahatpreet Kaur 5(B), Anvi 5(A), Avni 5(B), Kavya Mehra 5 (A), Ishika 5(B), Tejal 5(B), Kayna 4(B) and Nayra 4(B). 3rd Position was bagged by Green House, its participants were Momita 5(B), Harnoor 5(A), Bhawna 4(B), Sonakshi 4(A), Himanshi 4(B) and Ruhani 4(B).



On 26th May 2025. Handball competition for boys 4-5 was held. First position was bagged by Green house, it's participants were Abhishek (5A), Nirvaan(4A), Shivansh (5A), Pratham (4B), Utkarsh (4B), Kartik(5A), Ganesha (5A), Jigar (4B), Bhavya (4B), Chinmay (4A), Rishabh (5A) and Agam (5A). Second position was bagged by Yellow house, it's participants were Lakshya (5A), Pallav (5C), Pratik (5B), Paras (5B), Pranav(5A), Divyanshu(4B), Namish (4B), Sehaj (4B), Vidit (4A) and Naman(4B). Third position was bagged by Red house its participants were Deepak (5A), Vihaan (5A), Harshit (4A), Mannat (5A), Hardeep (5A), Virat (5B), Arpit (4B), Ramesh (5B), Hitesh (4A), Namish(4A), Raghav (4A) and Ishant (5C)



CRICKET COMPETITION

Cricket is a physically demanding sport that requires running, fielding, and batting, which contribute to improved stamina, agility, and hand-eye coordination. Cricket, as a team sport, fosters teamwork, communication, and sportsmanship, teaching players how to cooperate, interact with teammates and opponents, and navigate competitive situations. Our school organised inter class cricket matches (Boys) for classes 9th to 12th.

Class 9TH participants

First position was bagged by 9th A, its participants were: Piyush, Sukhman, Rajat rajput , Anmol, Aarav, Ajay, Divyanshu, Joel, Ishant, Jatin, Saksham, Kavish, Jatin and Abijot. Second position was bagged by 9th B, its participants were: Kapish, Divyam, Arsh, Vansh, Subham, Vikas, Mridul, Varun, Ashmeet Kapila, Anirudh and Alok Sharma. Third position was bagged by 9th D, Its participants were: Saksham, Jaktar, Samar, Bhargav, Manav, Himank, Dhruv, Bidansh, Danish, Lakshya and Divyansh Joshi. Man of the match - Ishant 9THA



Class 10TH participants First position was bagged by 10 C, Its participants were: Devansh Mattu, Sachin, Shivang, Yuvraj, Aryil, Chirag, Atharv, Naman, Harshit and Naitik. Second position was bagged by 10 B. Its participants were: Vishavraj, Tejasav, Gaurav, Gaurish, Navjot, Devanshu, Mridul, Mayank, Nikhil and Varun. Third position was bagged by 10 A. Its participants were: Meet, Vansh, Anmol, Krishna, Haridesh, Naitik, Devansh, Keshav, Yuvraj, Aric and Amos.



On 25th April 2025 a cricket match for class 11 &12 was held in school campus. First position was bagged by Team 2- it's participants were Class 12th (All Streams) Neerav (Com.), Kartik (Non-med), Nikhil (Non-med), Lakshit (Com), Rishant (Humanities), Shivansh (Humanities), Gautam (Com), Sameer (Non-med), Tanisk (Art), Pran (Non-medical) and Yuvraj (Humanities). Man of the Match- Naman (Non-med), 2nd position was bagged by Team 1, it's participants were Class 11th (All Streams) Bhivanshu (Com), Smarth Mahajan (Com) Bhagwat (Non medical),Harsh Choudhary (Non medical), Sanchit (Commerce), Shaurya (Commerce), Mukund (Non medical), Kartik (Non medical), Udit (Commerce), Tarun Dogra.(Non medical), Sujal Angural (Non medical) and Saksham Mehta(Commerce)



SKATING COMPETITION

Skating is a great way to stay active and improve physical fitness. It encourage skaters to push their limits enhance their strength and coordination. On 20th May, Our school participated in Inter School Skating competition, held at Shri Guru Harkrishan Public School Pathankot and the position holders are:- 1st position was bagged by Nirvan 4(A), Deepanshu 7(D), Vedant 6(C), Divya 3(A) and Vaibhav 6(C). 2nd position was bagged by Vivek 7(C) and Arav 6(B). 3rd position was bagged by Kashvi 3(A), Samar 6(B) and Divansh 7(C).



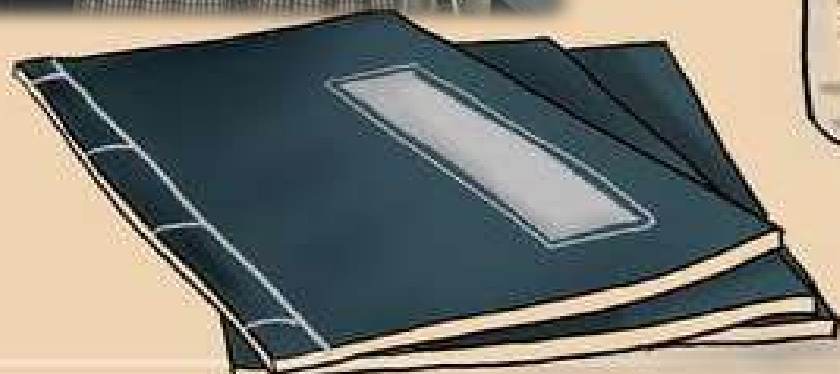
DISTRICT CHESS COMPETITION

Chess is more than just a game-it develops concentration, problem-solving , and strategic thinking skills. It teaches patience, planning and decision making which help students to excel in academics and in life. A District Chess competition was held on 25TH May 2025 at St. Joseph Convent School, Pathankot, where our students participated with full of excitement .We are thrilled to announce that one student of our school Kavish (8th A) secured 3rd position in District competition.



HANDWRITING AND CALLIGRAPHY COMPETITION

These competitions help the students to practice and refine their handwriting skills through proper formations of letters. On 30th April 2025 Classes 1-5 participated in handwriting competitions and 6-10 in calligraphy competitions. The winners were appreciated for their creativity through certificates.



CLASS ASSEMBLIES

Assemblies bring the entire school community together, fostering a sense of belonging and unity. Students interact with peers and teachers outside their immediate classrooms, promoting social cohesion. Attending assembly on time and participating in activities teaches students the importance of punctuality, discipline and valuable life skills that extend beyond the school environment. Here is the list of morning assemblies for the month of April and May conducted by students, under the guidance of their respective class teachers. Class 10th(B)- Power of reading, , it was conducted during the 1st week of April'25 Class 10th (A)- Theme- Women empowerment, it was conducted during the 2nd week of April'25 Class 10(C) – Punctuality, it was conducted during the 3rd week of April'25 Class 9(A)-Ethics and Etiquettes, it was conducted during the 4th week of April'25 Class 8(A)- character and Success, it was conducted during the last week of May'25





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